

# Silvina Neder



## Vital Statistics

- Ethnicity: Mix of Argentinian, Italian and Lebanese
- Date of Birth: 29<sup>th</sup> September 1967,
- Eye Colour: Hazel
  - Hair: Silver-Grey, Big-Curly, Mid length
- Height: 163 cm/ 5.4 In
- Dress size: 8 UK
- Waist: 27"
- Hips: 36"
- Bust: 36"(34b)
- Shoe size: 5UK
- Voice: Warm, engaging

## Citizenship/ Residence

Italian & Argentinian. British Permanent Residence

## Skills

### Acting:

- Dedicated full time since 2017
- Featured in different commercials in 2017/ 2018

### Acting Training

- Acting (On going), with Tom Spinner @ Home Studio (2018)
- Creating a Character, with Laurence Mitchel @ Home Studio (2017)
- Getting into Acting (2 months course), with Laurence Mitchel @ The Actors Centre (2017)
- Voice, with Louise Jones @ The Actors Centre (2017)
- Actor's Movement, with Sachi Kimura @the Actors Centre (2017)
- Previous workshops and acting courses held in Buenos Aires, between 2010 and 2012, with well known actors at Timbre4, Teatro Estudio "El Cuervo", Teatro San Martin

### Sports:

- Yoga: Ashtanga, Dharma, Rocket Yoga . Advanced
- Running: Former marathoner (Finisher NYC 2009/ Chicago 2010)
- Scuba Diving: Rescue Diver (certified PADI), 400+ immersions (Specialities: Deep diver/ Shark diver, Drift diver)
- Ski: Advanced, with regular practice (Black trails)
- Stand Up Paddle: Advanced, with regular practice
- Good with regular practice at biking, swimming, hiking, kayaking

### Languages:

- English (bilingual)
- Spanish (native)
- Italian (Fluent)
- Portuguese (Fluent)
- French (fluent)

### Accents:

- Spanish from Argentina, from Spain, neutral
- Portuguese from Brazil
- English: British

## Credits:

- LifeStyle influencer: @silvinaneder
- Founder of [silvinaneder.com](http://silvinaneder.com), blog and community dedicated to encourage people to find and achieve their true goals in life.
- Talent of the month at StarNow (2017): <https://www.starnow.com/blog/228/talent-of-the-month--silvina-neder>
- Featured at "That's not My Age" (2017): <https://thatsnotmyage.com/ageless-beauty/party-ready-grey-hair-and-how-to-achieve-it/>
- Public Speaker. Former Market Researcher and Founder of NEDER Trends & Insights.